

# Patient Rights

Every patient or health consumer in Ontario have rights when it comes to their health in the health care systems. Your rights are protected by laws such as the Health Care Consent Act, the Long-Term Care Act and the Mental Health Act.

## Your Rights

In general, as a patient, you have a right to:

- Receive safe and proper care, including services that are accessible and treatments that are provided in a timely manner.
- Give or refuse consent for any procedure, and for any reason. Also, to withdraw consent.
- Have a medical professional clearly explain health problems and treatments to you, so you can make fully informed health care choices. This also includes who specifically will be involved in your care and their qualifications.
- Participate in health care decisions.
- Ask questions and express concerns.
- Request a second opinion; within reason.
- Be assured that personal information is confidential and kept safe.
- Request to access your health information records and make corrections if necessary.
- Request the transfer of your health records to another medical professional; you may be charged a fee.
- Make complaints, raise concern, and recommend changes without fear of being interfered, discriminated or belittled.

For more information please visit:

<https://settlement.org/ontario/health/patients-rights-and-responsibilities-of-patients/what-are-my-rights-as-a-patient/>

<https://www.ipc.on.ca/health-individuals/file-a-health-privacy-complaint/your-health-privacy-rights-in-ontario/>

For assistance or guidance please contact:  
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Patient Advocate



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