

## APPOINTMENTS

Appointments are required.  
If you are currently rostered under an MD, we strongly recommend you stay rostered with them.

Our clinic does not hold controlled narcotic medication, nor will our physician prescribe controlled narcotics.

Please contact our office to schedule an appointment. We are open Monday-Friday from 8:30am to 4:30pm and are closed on statutory holidays.



## CONTACT US

705-269-MOMA (6662)

[mushkegowukhealth.ca](http://mushkegowukhealth.ca)

[primarycare@mushkegowuk.ca](mailto:primarycare@mushkegowuk.ca)

@mushhealth

705-268-0435

11 Elm St. N. Timmins, ON



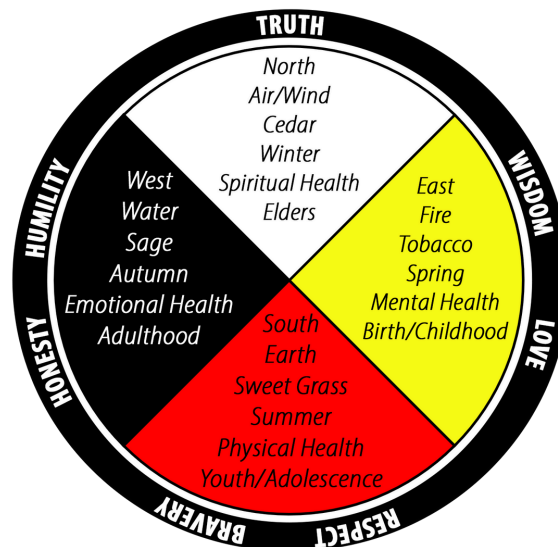
SCAN ME

## WE OFFER:

- Health promotion
- Illness and injury prevention
- Diagnostic tests
- Treatment and management of illness and injury
- Diabetes screening
- Diabetes education
- Diabetes foot care services
- Cancer screening
- Specialist referrals
- Minor procedures (wart removal, cortisone injections, abscess draining)
- Well-women examinations
- Well-baby/well-child checks
- Immunizations
- Prenatal and postnatal care
- Physical examinations
- Phlebotomy
- Patient advocacy
- Patient navigation
- OTN services
- Retinal screening
- Non-narcotic medication refills
- and more!

Our approach to health care is to improve health and to promote wellness for our Indigenous population within the Mushkegowuk region using a wholistic model of care.

With patient-centered care in mind, we deliver culturally appropriate care with an emphasis on prevention, screening, and education.



## "Healing comes from within"

Our wholistic approach to care provides in-house referrals to additional supportive services such as:

- Traditional Wellness Program
- Mental Health and Wellness Program
- Land-Based Detox and Healing Program
- Jordan's Principle
- Fetal Alcohol Spectrum Disorder Program
- Special Needs Services

## Contractual Services

- Chiropractic care
- Myomassology
- Indigenous Counselling and Psychotherapy